

# Psychology



Psychology is the scientific study of human behavior and mental processes, exploring how people think, feel, and interact with others. As a field, psychology functions as an academic discipline, a science based on research methods, and a profession with broad practical applications.

The Psychology Program at Lee College provides students with a solid foundation in psychological theory and research.

Students learn how psychologists observe behavior, conduct studies, analyze data, and apply psychological principles to real-world situations. These skills prepare students for career paths or continued education at four-year institutions.

Psychologists work in diverse roles such as educators, researchers, counselors, and administrators across many settings—schools, hospitals, clinics, private practice, human services, business, and government. With growing awareness of mental health and human behavior, the demand for professionals with a background in psychology continues to rise, offering strong employment prospects for graduates.

Many careers require education beyond the associate degree. Students should work with their advisor to tailor course selections to align with their chosen transfer university. The transfer plan on this page shows an example commonly chosen by Lee College students.

**Students should work with their advisors to tailor course selections to align with their chosen transfer university. The transfer plans on this page show a tailored example for a university commonly chosen by Lee College students. However, students may choose to continue their education at any university.**

## **What Will I Learn?**

Students majoring in Psychology will gain knowledge and skills in key areas of the field, preparing them for both academic advancement and professional opportunities:

### **Biological and Psychological Foundations of Behavior**

- Explore how the brain, nervous system, and psychological processes influence behavior, thought, and emotion.

### **Intelligence, Motivation, and Emotion**

- Study how people learn, what drives them, and how emotions shape behavior and decision-making.

### **Personality and Human Development**

- Examine the development of personality and behavior across the lifespan, from childhood through adulthood.

### **Memory and Learning**

- Understand how humans acquire, retain, and recall information, and how learning occurs in different contexts.

### **Psychopathology**

- Learn about mental health disorders, their symptoms, causes, and standard treatment approaches.

### **Research Methods**

- Develop skills in scientific inquiry, including how to design studies, collect data, and interpret psychological research.

### **Critical Thinking and Communication Skills**

- Strengthen analytical, problem-solving, reading, writing, and speaking abilities—skills valuable in any profession.

### **Transfer and Career Preparation**

- Earn an Associate of Arts degree that prepares you for entry-level employment or transfer to a four-year university to pursue a bachelor's degree in psychology or a related field.

[View Program Learning Outcomes](#)

## **"What Can I Do With This Course of Study?"**

An Associate of Arts in Psychology lays the groundwork for various career paths. Graduates can pursue entry-level positions or continue their education for more advanced roles in psychology and related fields:

## **Human Services Assistant**

- Support individuals and families by connecting them with social services, mental health resources, and community programs.

## **Mental Health Technician**

- Assist licensed professionals in the care of patients with mental or emotional conditions in hospitals, clinics, or residential facilities.

## **Youth Counselor or Behavioral Aide**

- Work with children or adolescents in schools, treatment centers, or community programs to promote emotional and behavioral well-being.

## **Case Manager or Case Aide**

- Help clients navigate services and support systems by managing care plans and coordinating resources across agencies.

## **Rehabilitation Specialist**

- Assist people recovering from injury, illness, or addiction by providing support and helping them regain independence.

## **Psychiatric Aide**

- Provide daily care and monitoring for patients in psychiatric hospitals or mental health institutions under the supervision of healthcare professionals.

## **Customer Service or HR Assistant**

- Apply communication and interpersonal skills to support employee relations, conflict resolution, or customer interaction in business settings.

## **Research Assistant**

- Support academic or clinical research by collecting data, conducting literature reviews, and helping analyze findings.

## **Pathway to Advanced Roles (with further education)**

- This degree serves as a stepping stone toward careers such as psychologist, counselor, social worker, or educator, with additional training and a bachelor's or graduate degree.

The American Psychological Association has created an invaluable resource for those who would like to learn more about the wide variety of careers in Psychology.

<https://www.apa.org/education-career/guide/careers.pdf>

## Psychology UHCL Transfer Plan

This plan includes course options for transferring into a psychology BS at UHCL. Without electives, this plan includes less than the 60 hours required for an associate of arts. Students need to complete additional associate degree requirements or use reverse transfer to complete their associate of arts.

**Foundations: These are the courses students need in order to progress in their career/college pathway, as they either provide a certificate or lay the groundwork for moving to the next set of courses.**

Lee College		UHCL
Course	Course Title	Counts Toward
EDUC 1200	Learning Frameworks	PSYC 1100
ENGL 1301	English Composition I	WRIT 1301
HIST 1301	History of the United States to 1877	HIST 1301
SPCH 1315	Public Speaking	COMM 1315
PSYC 2301	Introduction to Psychology	PSYC 2301
Creative Arts	ARTS 1303 or ARTS 1304	ARTS 1303 or ARTS 1304

**Knowledge Building: These courses further the students' knowledge in the area of study and increase their preparation for the degree completion.**

Lee College		UHCL
Course	Course Title	Counts Toward
ENGL 1302	English Composition II	WRIT 1302
MATH 1314	College Algebra	MATH 1314
HIST 1302	History of the United States Since 1877	HIST 1302
GOVT 2305	Federal Government	POLS 2305
Life and Physical Sciences	Suggested: BIOL 1406 or BIOL 1408 (Lab Required)	BIOL 1306 or BIOL 1308
PSYC 2317	Statistics for Behavioral Sciences	PSYC 2317

**Completion: These are the courses the student needs in order to complete the degree plan and prepare to enter the workforce.**

Lee College		UHCL
Course	Course Title	Counts Toward
PSYC 2314	Life Span Growth & Development	PSYC 2314
GOVT 2306	Texas Government	POLS 2306
Life and Physical Sciences	Suggested: BIOL 1407 or BIOL 1409 (Lab required)	BIOL 1307 or BIOL 1309
Language Philosophy and Culture (3)	HUMA 1301 or ENGL 2341 or PHIL 1301	HUMN 1301 or LITR 2341 or PHIL 1301

Additional Academic Electives      The Psychology BS at UHCL includes 18 hours of 1000- and 2000-level course electives. Students should work with their advisors to select courses to complete at Lee College. If students choose to take all 18 elective hours at Lee College, they will exceed the 60-hour requirement of the Associate of Arts degree.

## Psychology UH Transfer Plan

This plan includes course options for transferring into a Psychology BS or BA at UH. The plan includes less than the 60 hours required for an Associate of Arts. Students need to complete additional associate degree requirements or use reverse transfer to complete their Associate of Arts.

**Foundations: These are the courses students need in order to progress in their career/college pathway, as they either provide a certificate or lay the groundwork for moving to the next set of courses.**

	Lee College		UH
Course	Course Title		Counts Toward
EDUC 1200	Learning Frameworks		
ENGL 1301	English Composition I	ENGL 1301	
HIST 1301	History of the United States to 1877	HIST 1377	
SPCH 1318	Interpersonal Communication	SPCH 1318	
PSYC 2301	Introduction to Psychology	PSYC 2301	
ARTS 1304	At History II	ARTS 1304	

**Knowledge Building: These courses further the students' knowledge in the area of study and increase their preparation for the degree completion.**

	Lee College		UH
Course	Course Title		Counts Toward
ENGL 1302	English Composition II	ENGL 1302	
MATH 1314	College Algebra	MATH 1314	
HIST 1302	History of the United States Since 1877	HIST 1378	
GOVT 2305	Federal Government	GOVT 2305	
Life and Physical Sciences	Suggested: BIOL 1406 or BIOL 1408 (Lab Required)	BIOL 1306 or BIOL 1308	

**Completion: These are the courses the student needs in order to complete the degree plan and prepare to enter the workforce.**

	Lee College	UH
Course	Course Title	Counts Toward
PSYC 2314	Life Span Growth & Development	Psychology Elective
GOVT 2306	Texas Government	GOVT 2306
Life and Physical Sciences	Suggested: BIOL 1407 or BIOL 1409 (Lab required)	BIOL 1307 or BIOL 1309
PHIL 1301	Introduction to Philosophy	PHIL 1301

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